



Mediumship Matters Podcast Transcripts

Series 1 Episode 6

Listener Questions

Mediumship Matters – Episode 6: Listener Questions & Spiritual Journeys

Introduction Hello and welcome to Mediumship Matters! It's Episode 6, and I'm your host, Hannah Macintyre. It's been a busy time for me, learning new things (including accounting software—exciting, I know!). But today, I'm here to answer some of your fantastic listener questions.

Question 1: How Did Your Family React to Your Mediumship?

CC asked how my family responded when I started my mediumship journey.

I don't come from a long line of psychics or mediums, so in the beginning, my journey was very private. I took time to explore it for myself without external pressures. My husband knew I was attending a weekly development circle, but he didn't fully understand what I was doing at first. Luckily, we both respect each other's interests, so he let me explore without interference. As I developed, I naturally started sharing my experiences, and that's when I realised how different I had become. Some family members were supportive, while others took time to adjust. My son, for example, is a complete non-believer, which is fine—I don't push my beliefs on him.

One thing I've learned is that people go on their own journeys. It's not our job to force spirituality onto others; we just need to live authentically and let our light shine.

Question 2: Where Should Someone Start Their Spiritual Journey?

Sheree Hughes wanted to know the best place to begin in mediumship.

The great thing about spirituality is that it's vast! There are many different paths—energy healing, spirit guides, crystals, and more. The key is to follow what excites you.

A good starting point is joining a development circle. Circles help you strengthen your connection to spirit in a group setting, where the collective energy supports and enhances your own. However, not all circles are the right fit, so don't be discouraged if you don't click with the first one.

If you prefer independent learning, books and oracle cards are great tools. *Ask Your Guides* by Sonia Choquette was a game-changer for me. Also, *Sacred Traveler Oracle Cards* by Denise Linn are excellent for beginners.

Lastly, set aside time to connect with spirit regularly. Just sitting quietly with them, without expectation, strengthens your bond and builds trust in your abilities.

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Question 3: Can Mediums Predict the Future?

CC asked whether mediums ever see what will happen in the future.

While mediums can sense potential outcomes, nothing is set in stone. The future changes with every decision we make. That's why a good medium won't tell you exactly what will happen but will highlight possibilities.

Sometimes, spirit provides information about births, deaths, or major events, but the details are based on present energy, not fixed fate.

Your dreams, CC, sound like a mix of psychic awareness and spirit communication. It's common for spirit to connect with us while we sleep, as our conscious mind isn't in the way.

Question 4: Are There Good Forums for Beginners?

Kat Beaver asked about forums for those starting their mediumship journey.

To be honest, I don't recommend any specific ones because every medium teaches differently. Some work with integrity, while others, unfortunately, use questionable practices (like sending random texts claiming they have messages from spirit—terrible!).

Instead, focus on finding teachers and communities that resonate with you. Always question what you learn and check in with spirit about what feels right for you.

Question 5: How Do You Trust That You're Really Talking to Spirit?

Aaron Edwards shared that, despite being accurate in his readings, he still doubts himself.

Aaron, you're not alone! Many mediums, including myself, go through this. Spirit communication is subtle—it often feels like we're making it up. I still get nervous before readings, even after years of experience.

Trust comes with practice. Keep pushing for stronger evidence, and remember that genuine mediumship isn't about guessing—it's about receiving undeniable details you couldn't have known otherwise. Blind readings, where you don't know the sitter, can help build confidence.

Question 6: How Soon Can You Connect with a Loved One After They Pass?

There's a common belief that spirits need time to adjust before coming through, but in reality, time doesn't exist in the spirit world. The real question is whether you are ready for a reading. If you're still in deep grief and only want to hear from one specific person, you may not be open enough to receive a message.

Spirit knows when the timing is right, and they will step forward when you're ready.

Final Thoughts

Thank you to everyone who sent in questions! If you have one, email podcast@hannahmedium.co.uk—I'd love to answer it in a future episode.

Until next time, trust your journey and keep shining your light!

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