



Mediumship Matters Podcast Transcripts

Season 1 Episode 35

What Makes A Good Medium?

Mediumship, expectations, demonstration, one-on-one readings, healing, clairvoyance, Tony Stockwell, audience engagement, mediumship journey, professional standards, vocabulary, resilience, kindness, communication, evidence.

Hannah Macintyre:

Hello, beautiful souls, and welcome to Mediumship Matters with me, Hannah Macintyre. Here we are with episode 35! How are you all doing?

Before diving into this week's topic, I thought I'd give you a little update. I'm still learning to unwind—easier said than done! I've unintentionally packed my schedule with social engagements, which, as Spirit gently reminded me, isn't the point of 'resting.' But I'm still doing demonstrations and some in-person teaching. I recently wrapped up Starting with Spirit 2 online and just finished my last reading for the week. Now, I'm surrendering to the space, letting go of the pressure, and seeing who I am without all that hustle.

Lessons from the Platform

I did an in-person demonstration last Thursday, and it went pretty well. For the first time, I didn't spend the next day picking it apart. That, in itself, is progress! It's tough finding the balance between striving for more while accepting where you are.

I also had the pleasure of seeing the brilliant Tony Stockwell demonstrate in Folkestone. Watching him work was inspiring. Tony is refreshingly open about the fact that mediumship doesn't always go perfectly. Sometimes, you think you're spot on, and the audience says otherwise. It was comforting to see someone so experienced talk candidly about that.

What Makes a Good Medium?

This got me thinking: What actually makes a good medium?

Everyone will have their own answer. Over the years, working with countless clients, I've realized you can't please everyone—not because you're not good enough, but because people often don't know what they truly want from a reading.

Expectations vs. Reality

Some people come with shopping lists: passwords, specific signs, or requests like, "I asked my granddad to mention racing pigeons." And when it doesn't come through, they doubt the connection, even if the rest of the evidence is spot-on.

- Mediumship isn't a perfect science. We're receiving information energetically, and it's filtered through our own experiences, vocabulary, and emotional state. Spirit knows what you want to hear, but we, as mediums, are limited by what we can interpret.

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Choosing the Right Setting

If you desperately want to hear from a specific loved one, book a one-on-one reading. Demonstrations are wonderful, but with 50 or even 200 people in the audience, not everyone will get a message. Demonstrations are about witnessing the process, not guaranteeing a personal message.

Attributes of a Good Medium

For One-on-One Readings:

- **Healing Focus:** The medium should genuinely want to help. Readings should come from a place of care and compassion.
- **Emotional Availability:** A medium should support clients through their emotional responses.
- **Clear Communication:** Having a rich vocabulary helps convey messages accurately.
- **Professionalism:** Respectful presentation matters, even online. (Yes, tidy your background!)
- **Self-Awareness:** Mediumship is as much about inner work as it is about spirit connection.
- **Kindness:** Approaching each client with warmth and authenticity is key.

For Demonstrations:

- **Entertaining Delivery:** A good platform medium is engaging, dynamic, and holds the audience's attention.
- **Stage Presence:** Comfort speaking to large groups is essential. If public speaking terrifies you, address that first.
- **Resilience:** Handling "no" gracefully is part of the job. People get nervous, forget things, or need time to process.
- **Kindness and Compassion:** Never force evidence on someone. Respect their emotional space.
- **Adaptability:** The ability to shift gears when something isn't landing is crucial.

The Importance of Vocabulary

Language matters. I once described a spirit as "mischievous," and the sitter said no. But when I rephrased it—"he liked to play tricks and wind people up"—they connected instantly. It wasn't the message that was wrong; it was the word choice.

Resilience and Vulnerability

Mediumship requires vulnerability. You're putting your heart on display, knowing not everyone will understand or appreciate it. That's tough. But it's also what makes the work meaningful.

Final Thoughts:

So, what do you think makes a good medium? I'd love to hear your thoughts. Email me at podcast@hannahmedium.co.uk or pop a comment on the Mediumship Matters Facebook page.

Thanks for listening, and I'll catch up with you in episode 36, where we'll dive into what makes good evidence in a reading.

Until next time, stay curious, stay kind, and keep connecting with spirit.

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