



# Mediumship Matters Podcast Transcripts

Season 1 Episode 34

## Slaps & Claps

Podcast recording challenges, spiritual guidance, mediumship journey, vulnerability, inspired action, spirit world communication, personal growth, mediumship challenges, spiritual slaps and claps, energy alignment, and authentic living.

Hannah Macintyre:

Hello, beautiful souls, and welcome back to Mediumship Matters with me, Hannah Macintyre. Now, I have to be honest—this is my 13th attempt to record this episode. Yes, you heard that right. Lucky number 13! Technical issues, interruptions, and even my own perfectionism have all conspired to delay this episode. But here we are, and hopefully, this one will stick.

The Unexpected Response

Before we dive in, I just want to thank you all for the incredible response to my last episode. Honestly, I almost didn't publish it because I thought, "What a load of self-indulgent twaddle!" But wouldn't you know it? It's been the most commented-on episode to date. Your emails and messages of support have been overwhelming. A special shout-out to Carl, Carol, Charlotte, and Juan from NYC for your kind words and support.

Also, drumroll please... we've hit nearly 11,000 downloads! When I started this podcast, I genuinely thought it would be more of an online diary that no one would listen to. But here we are, and I'm beyond grateful.

Spiritual Slaps: When the Universe Gets Your Attention

Now, let's talk about spiritual slaps—those moments when the universe gives you a not-so-gentle nudge to get back on track.

The Wasp Incident:

A few weeks ago, I was walking my dog, deep in thought about my membership program (which I was pushing way too hard), when BAM! I walked through a wasp nest. Cue 27 wasp stings, wasps in my hair, and scars on my legs. At the time, I thought, "Poor me," but in hindsight, it was a clear sign: You're on the wrong path, Hannah.

The universe doesn't always whisper. Sometimes it stings. Literally.

The Cooking Business Saga:

Before I became a medium, I ran a cooking business. Looking back, the universe threw every obstacle at me to make me quit:

- A freezer broke, defrosting £1,000 worth of stock.
- I got locked in a house with a customer who refused to pay (without my phone, of course).
- My oven broke.

At the time, I thought, "Why is this happening to me?" But now I see it was the universe screaming, There's an easier path, Hannah. You're just not listening.

- Spiritual Claps: The Universe's Way of Saying "Well Done"

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Not all signs are slaps. Sometimes, the universe gives you a gentle clap of encouragement.

**Lynn Parker's Ordination:**

I recently attended the ordination of my mentor, Lynn Parker. Watching her be honoured for her service to spirit was profoundly moving. I ugly cried through most of it (because, of course, I did). But it felt like a spiritual clap, affirming that I'm on the right path.

**Random Messages with Perfect Timing:**

I also received a hilariously mistimed sales pitch from someone promising to help me become a six-figure spiritual entrepreneur. While it wasn't meant as encouragement, it made me laugh because it highlighted exactly what I don't want to be: someone obsessed with funnels and figures instead of authentic spiritual work.

**Mediumship Challenges: Can We Control Who Comes Through?**

A listener emailed asking if mediums can control which spirits come through during a reading. Here's my take:

- **Short Answer:** Sometimes, but should we? Probably not.
- **Why?** The spirit world knows what's best. Often, spirits come through in a specific order to prepare the energy or support the sitter's emotional state.

For example, I had a client who desperately wanted to hear from her husband. For two years, he never came through. Then one day, she had a dream where he asked, "Are you ready to hear from me?" She said yes, and the next session, he came through immediately. It wasn't that he wasn't there —she just wasn't ready.

**Key Takeaways:**

- **Trust the Process:** Whether it's spiritual slaps or claps, the universe knows what it's doing.
- **You're Not Alone:** We all miss signs. Even mediums walk through wasp nests.
- **Stay Authentic:** Don't get lost in what you think you "should" do. Follow what feels right.

**Your Turn:**

Got questions? Thoughts? Spiritual slap stories? Email me at [podcast@hannahmedium.co.uk](mailto:podcast@hannahmedium.co.uk). I love hearing from you!

And if you enjoy the podcast, please leave a review. It helps more than you know.

Until next time, trust your journey, embrace the signs (even the stingy ones), and remember: You are exactly where you need to be.

**SEO Keywords:**

Mediumship, spiritual growth, spirit world communication, inspired action, personal development, spiritual slaps, spiritual claps, energy alignment, authentic living, podcast on mediumship, Hannah Macintyre, spiritual journey.