



Mediumship Matters Podcast Transcripts

Season 4 Episode 8

Interview with Rebecca Campbell

Interview with Rebecca Campbell – Mediumship Matters Podcast

A Deep Dive into Spirituality, Creativity, and Life's Calling

Hannah MacIntyre: Hello, and welcome to Mediumship Matters with me, Hannah MacIntyre. I am incredibly excited about today's guest—someone who needs no introduction in the spiritual world. She's a bestselling author, oracle deck creator, and the founder of an incredible online community. It's the one and only Rebecca Campbell! Thank you for joining us, Rebecca.

Rebecca Campbell: It's great to be here, Hannah. Hi, everyone!

The Journey into Spirituality & Writing

Hannah: I always love to start with the origin story—how did you get involved in all of this?

Rebecca: I think, like many, I was always connected to spirit from a young age. But it wasn't something that was part of my upbringing. I had a longing for something deeper, but I didn't quite understand it at the time. Looking back, I wish someone had told me to lean into those differences rather than trying to fit in.

I had some profound experiences as a teenager, including connecting with spirits of children who had passed away. I haven't formally studied mediumship, but I've always felt an affinity with it. And now, as I walk this path, I realise that while I didn't consciously choose it, my soul always knew where I was meant to be.

Transitioning from Corporate to Spiritual Work

Hannah: You had a successful career in corporate advertising. How did you transition from that world into full-time spiritual work?

Rebecca: Yes, I worked in advertising as a copywriter and creative director, and I really enjoyed it. But at a certain point in my late 20s, I realised that my true passion—spirituality and the mystical arts—was something I had spent more time studying than my actual career!

That was a difficult realisation because I had worked so hard to build that life. But at the same time, I knew it wasn't where I was supposed to be anymore. It was a grieving process, letting go of a life I had built. But once I fully committed to my new path, things moved quickly.

Moments of Spiritual Commitment

Hannah: Was there a defining moment when you knew you had to fully commit?

- Rebecca: It came in stages, but a major turning point was when my dear friend Blair passed away. I was on a flight, and I felt him leave his body—I just knew he had passed. He and I had always talked about writing a book together one day, and after he passed, I felt this undeniable call to write. That experience solidified my commitment.

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Another big moment was listening to a chant about surrender. I had been holding on so tightly to my old life, and something about that moment made me just let go. From there, I committed to a daily spiritual practice—listening to my intuition and acting on it, no matter how small the step.

Chanting, Guides & Creative Inspiration

Hannah: I heard you talking about Kirtan chanting in your podcast. Can you share more about that practice?

Rebecca: Chanting, particularly in Sanskrit, has been a deeply transformative practice for me. When I first experienced it, my heart cracked open—I felt this deep connection, almost like coming home. It was so powerful that I trained in it, and now I incorporate chanting into my group work.

Hannah: When you create, whether it's books or oracle decks, do you feel it comes from you, spirit, or something greater?

Rebecca: I believe we're all connected to what I call the intelligent pulse of life. When I create, I do work with specific guides or energies. For example, my first book was guided by the Council of Light, and The Rose Oracle was deeply connected to the divine feminine and the spirit of the rose. But ultimately, I think all of these energies are aspects of that universal intelligence.

Balancing Motherhood & Creativity

Hannah: You're a mother as well as a creator. How do you balance the two?

Rebecca: It's definitely a challenge! My children are still very young, and it's been a learning curve figuring out how to balance everything. I recently did a quick 48-hour trip to New York for an event, which was intense! I'm still figuring it out, but one thing I've learned is that mum guilt is real.

That said, I've also realised that taking time for my work is essential. It makes me a better mother when I allow myself that creative space.

Why Are We Here?

Hannah: Let's go deep—why do you think we incarnate here?

Rebecca: I don't have the full answer, but I believe Earth is a school of manifestation. Not in the materialistic sense, but in the sense that we are here to create—whether that's books, art, or simply experiences. I also had a regression experience where I saw myself receiving a collective mission before birth. So I do believe that many of us have come here for a reason, and our souls know that—even if our human selves take a while to catch up.

Advice for Those Just Starting Their Spiritual Journey

Hannah: What advice would you give to someone feeling called to this path but not sure where to start?

Rebecca: Stay in the wonder of it. Don't overthink or try to map out every step. Just lean into what excites you, follow your curiosity, and take one small step at a time. You don't have to be an expert right away—just commit to exploring and trust that your people will find you.

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Rebecca's Mystery School & What's Next

Hannah: Tell us about your Mystery School—what can people expect?

Rebecca: It's a nine-month immersive experience designed to help people unlock their intuitive gifts and connect with ancient wisdom. We focus on deepening our connection with the intelligent pulse of life and spiritual practice. Enrollment is opening soon!

Hannah: And what's next for you personally?

Rebecca: I'm heading to Australia for six weeks to see family, which I'm really looking forward to. And then, who knows? The next chapter is unfolding as we speak!

Final Thoughts

Hannah: This has been amazing. Thank you so much for sharing your wisdom and experiences. I'll put links in the show notes so people can find you, but I know most listeners already have your books and oracle decks!

Rebecca: Thank you, Hannah! This has been such a wonderful conversation.

✨ Follow the podcast for more inspiring conversations, and don't forget to check out Rebecca's work for more spiritual insights!