



Mediumship Matters Podcast Transcripts

Series 1 Episode 24

Interview with Jennifer Fezio

Mediumship Matters – Season 1, Episode 24

Hannah Macintyre:

Hello and welcome to Mediumship Matters! It's me, Hannah Macintyre, and today I have another exciting guest—evidential medium Jennifer Fezio. Hello, Jennifer!

Jennifer Fezio:

Hello, beautiful Hannah! You know I love you. Thank you for having me!

Hannah Macintyre:

I'm so excited to have you here. This is going to be great fun. To start off, can you tell everyone who you are and what you do?

Jennifer Fezio:

Absolutely! I am an evidential medium based in Houston, Texas. I say evidential medium, but I do a lot of psychic work as well. I've been doing this for eight years now, and it still amazes me how quickly time flies! Alongside readings, I also teach, mentor developing mediums, and run holistic fairs in Texas. One of my latest events is Sip and Sear, where people can enjoy a glass of wine while exploring holistic goodies. I love it all! People often ask me how I manage it all, but then I look at you, Hannah, and I think—wow, how does she do it all?

Hannah Macintyre:

Ha! Yes, I totally relate—if there's space, I'll fill it with something I love. It's a passion, isn't it? So, you do one-to-one readings both in person and online, right?

Jennifer Fezio:

Yes, I do. I have a space in Rosenberg, Texas, where I see clients in person, but I also love working with people over Zoom. It's about a 50/50 split, and I'm grateful for both. Connecting with people, whether in person or virtually, is what makes this work so incredible.

Hannah Macintyre:

I've seen some of the incredible feedback you've received—your work clearly makes such a healing impact. That's what it's all about, isn't it? Speaking of which, you also do mentorship. Tell us more about that!

Jennifer Fezio:

Yes! Mentorship is so close to my heart. You and I met through learning together, and I truly believe mediumship is a lifelong journey. One of my biggest influences has been Chris Drew—he is just phenomenal. I remember taking his Clairsentience class and thinking, Oh wow, I need to study with him! He has such a way of guiding students and helping them deepen their connection to spirit.

Mediumship Matters Podcast Transcripts

Another huge influence for me has been Mavis Pittilla. I initially signed up for one of her courses out of curiosity, and I was instantly hooked. Her mentorship programs are incredible—she creates a space filled with love and healing. I'm now doing her Teaching the Teachers course, which is a big commitment, but I couldn't pass it up. And then, of course, there's Paul Jacobs—he's like the Mr. Miyagi of mediumship. His approach is tough, but wow, does he push you to be better!

Hannah Macintyre:

It sounds like you're soaking up some serious knowledge! When you started out, did you go straight into formal training, or was it more self-taught?

Jennifer Fezio:

I actually started out doing a lot of self-taught learning—online courses, Hay House books, and just listening to spirit. I did a six-week course with Gordon Smith, which was fantastic, but at the time, I didn't realise the importance of real mentorship. I spent five years working alone before finally seeking out structured training, and I wish I'd done it sooner! If I could go back, I'd tell myself—find a mentor! You can't do this all on your own.

Hannah Macintyre:

That's such great advice! There's something about having someone else hold space for you and keep you accountable.

Developing Mediumship & Personal Growth

Hannah Macintyre:

One thing that surprises a lot of people is how much personal growth comes with mediumship. It's not just about talking to spirit—it's about working through your own stuff!

Jennifer Fezio:

Oh, absolutely! Mediumship cracks you open. Before I fully embraced this path, I was so focused on materialism—keeping up with appearances, climbing the corporate ladder. But when my daughter was born, something shifted in me. I finally faced my grief over my mother's passing, started meditating, and spirit came through so strongly. It was undeniable. Once I started giving readings, I realised—this was always who I was meant to be.

Hannah Macintyre:

I love that! And you're right—spirit won't let you bypass your own healing. It's part of the journey.

Advice for Beginners

Hannah Macintyre:

What advice would you give to someone just starting out in mediumship?

Jennifer Fezio:

- Find a mentor. You need guidance. It makes a world of difference.
- Trust your natural development. Spirit will guide you—don't rush.
- Say what you see, feel, or know. The biggest mistake beginners make is doubting themselves.
- Get comfortable with being uncomfortable. Growth happens in the stretch zone.
- Keep a journal. Write down everything—it will help you track your progress.

Mediumship Matters Podcast Transcripts

•
Hannah Macintyre:

That's such solid advice. And I love that you remind people to just say what they get.

Mediumship is actually simple—it's us who complicate it!

What's Next for Jennifer?

Hannah Macintyre:

What exciting things do you have coming up?

Jennifer Fezio:

I'm continuing my mentorship programs, doing readings, and planning more holistic fairs. And of course, I'll be coming to the UK in December 2022 to train at Arthur Findlay with you! I can't wait for that adventure!

Hannah Macintyre:

That's going to be amazing! And where can people find you?

Jennifer Fezio:

My website is www.intuitiveinsightstx.com, but the best way to connect with me is on Facebook—just search Jennifer Fezio Medium and you'll find me!

Hannah Macintyre:

Brilliant! Thank you so much, Jennifer. This has been such a joy!

Jennifer Fezio:

Thank you, Hannah! I've loved every minute.

Hannah Macintyre:

And to all our listeners, if you enjoyed this episode, please share Mediumship Matters and spread the word. See you next time!